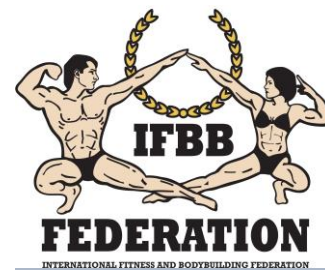


# 2025 IFBB MR. UNIVERSE TURKEY



## MAIN INFORMATION

NAME OF THE EVENT: **2025 IFBB MR. UNIVERSE TURKEY**

CITY / COUNTRY: **IZMIR / TURKEY**

DATE: **SEPTEMBER 27<sup>th</sup> – 29<sup>th</sup>, 2025**

EVENT OPEN FOR : **ALL IFBB-AFFILIATED NATIONAL FEDERATIONS**

IFBB PRO CARD QUALIFIER YES  NO

IFBB INTERNATIONAL RANKING QUALIFIER LEVEL 3 YES  NO

DAY OF ARRIVAL: **SEPTEMBER 27<sup>th</sup>, 2025**

DAY OF DEPARTURES: **SEPTEMBER 29<sup>th</sup>, 2025**

REGISTRATION DAY:  
**SEPTEMBER 27<sup>th</sup>, 2025**

TIME: **09:00 – 15:00**

PLACE:  
**IZMIR IZFAS FAIR AREA**  
840 Street Fair Area N0:2 GAZİEMİR - IZMİR

WEIGH-IN DAY:  
**SEPTEMBER 27<sup>th</sup>, 2025**

TIME: **09:00 – 15:00**

PLACE:  
**IZMIR IZFAS FAIR AREA**  
840 Street Fair Area N0:2 GAZİEMİR - IZMİR

\*All Athletes must wear their posing attire during weigh-in for inspection. Female competitors must also bring their shoes for inspection. Posing attire and tanning must be in accordance with the IFBB rules. Any tanning which can be wiped off is not allowed.

RECOMMENDED AIRPORT: **ADNAN MENDERES INTERNATIONAL AIRPORT, IZMIR**

VISA INFORMATION: Passport holders of 95 countries and territories don't need a visa to visit Turkey. Citizens of 22 countries and territories are eligible to apply for an electronic visa. Visitors of most nationalities must hold a passport valid for no less than 150 days from the date of arrival.

Details at: [https://en.wikipedia.org/wiki/Visa\\_policy\\_of\\_Turkey](https://en.wikipedia.org/wiki/Visa_policy_of_Turkey) and <https://www.mfa.gov.tr/visa-information-for-foreigners.en.mfa>

\*An Official Letter of Invitation will be made available if required. An athlete, included in an official National Federation team, who request and receive an invitation from the IFBB Head Office or the Organizing Committee of an IFBB sanctioned EVENT for visa purposes, and uses that visa to unlawfully stay in the host country or any other country, will be subjected to the disciplinary proceedings and measures. The relevant National Federation is responsible to carefully control the proper, legal use of the visa by his/her athlete and it will be subjected to a fine and/or a suspension, in case of any misuse and/or unlawful utilization of the same visa.

VENUE: **IZMIR IZFAS FAIR AREA - <https://www.izfas.com.tr/en>**

### HOTEL INFORMATION

RECOMMENDED HOTEL:

## REGISTRATION FEE:

Each athlete must pay the IFBB registration fee of **EUR €250**.

Registration fee for athletes to enter this competition must be paid in advance by credit/debit card or PayPal at <http://www.ifbb.com/competition-registration>. Please add your name during online payment and bring a copy of your payment confirmation to the registration. Payments at arrival shall have an extra charge of **EUR €50**.

**CROSSOVERS: EUR €100** per each of the additional categories.

**DEADLINE FOR ONLINE PAYMENT: TUESDAY, SEPTEMBER 16<sup>th</sup>, 2025**

\*Participating athletes must be recommended by their National Federation by sending the Final Entry Form with their names directly to the Organizing Committee, to the IFBB Technical Committee and IFBB Head Office in Madrid. The final decision to allow an athlete to compete in this EVENT rests with the IFBB.

\*It is also the FULL OBLIGATION AND RESPONSIBILITY of a National Federation to MONITOR ALL THE ATHLETES affiliated to this National Federation who are fulfilling a period of ineligibility due to Anti-Doping Rule Violation or any Disciplinary case, to make sure these athletes WILL NOT REGISTER/COMPETE/OR PARTICIPATE IN ANY CAPACITY in any EVENT either at National or International level, Official or Invitational.

\*All athletes will have to present their Passports and IFBB International Cards at the Registration. Any athlete who has not yet purchased or renewed his/her IFBB International Card will have to buy one at registration. IFBB Cards are **EUR €40/USD \$50** and are mandatory.

\*All posing music must be on an USB drive only. The posing music in the MP3 format must also be the only file on USB. Each competitor must affix his/her name on the USB for easy identification. The use of profane, vulgar, and offensive language is strictly prohibited in the posing music.

## CATEGORIES:

**Juniors Men's Bodybuilding 16-23 years - OPEN**

**Master Men's Bodybuilding 40-49 years - OPEN**

**Master Men's Bodybuilding >50 years - OPEN**

**OVERALL**

**Junior Men's Classic Physique 16-23 years - OPEN**

**Masters Men's Classic Physique >40 years - OPEN**

**Men's Classic Bodybuilding:**

Up to & incl. 168 cm

Up to & incl. 171 cm

Up to & incl. 175 cm

Up to & incl. 180 cm

Over 180 cm

**OVERALL**

**Junior Men's Classic Bodybuilding 16-23 years - OPEN**

**Masters Men's Classic Bodybuilding >40 years - OPEN**

**Men's Physique:**

Up to & incl. 170 cm

Up to & incl. 176 cm

Up to & incl. 182 cm

Over 182 cm

**OVERALL**

**Juniors Men's Physique 15-23 years - OPEN**

**Masters Men's Physique:**

**40-49 Years - OPEN**

**>50 Years - OPEN**

**OVERALL**

**Women's Acrobatic Fitness - OPEN**

**Women's Artistic Fitness - OPEN**

**Women's Bodyfitness**

Up to & incl. 163 cm

Over 163 cm

**OVERALL**

**Master Women's Bodyfitness >35 years - OPEN**

**Women's Bikini**

Up to & incl. 158 cm

Up to & incl. 164 cm

Up to & incl. 169 cm

Over 169 cm

**OVERALL**

**Junior Woman's Bikini 16-23 years - OPEN**

**Master Woman's Bikini:**

**35-39 years - OPEN**

**>40 years - OPEN**

**OVERALL**

**Women's Wellness - OPEN**

**Women's Physique - OPEN**

**Women's Fit-Model - OPEN**

**Fit-Pairs - OPEN**

Muscular Men's Physique - **OPEN**  
Mixed-Pairs - **OPEN**

Men's Fit-Model - **OPEN**

### FITNESS CHALLENGE CATEGORIES

**GOLD LEVEL:** women individual; men individual & mixed couples

**SILVER LEVEL:** women individual; men individual & mixed couples

### CHILDREN FITNESS CATEGORIES

Children Fitness Girls:

7-9 years  
10-12 years  
13-15 years

Children Fitness Boys:

7-11 years  
12-15 years

### AWARDS:

Top three athletes in each category will be awarded with [medals](#).

Top six athletes in each category will be awarded with a [Certificate of Excellence](#) and [trophies](#). Overall winner will have a [trophy](#).

### IFBB PRO CARDS:

#### **20 IFBB PRO CARDS IN TOTAL**

#### **DISTRIBUTION :**

- **Women's Bodyfitness:** IFBB Pro Card for the top 2 Overall winners;
- **Women's Wellness:** IFBB Pro Cards for the top 2 open category winners;
- **Women's Bikini:** IFBB Pro Cards for the top 3 Overall winners;
- **Women's Physique:** IFBB Pro Card for the open category winner;
- **Men's Classic Bodybuilding:** IFBB Pro Cards for the top 3 Overall winners;
- **Men's Physique:** IFBB Pro Cards for the top 3 Overall winners;
- **Muscular Men's Physique:** IFBB Pro Card for the open category winner;
- **Master Women's Bikini (>35 years):** IFBB Pro Cards for the top 2 Overall winners;
- **Master Women's Bodyfitness (>35 years):** IFBB Pro Card for the open category winner;
- **Master Men's Bodybuilding (>40 years):** IFBB Pro Cards for the 2 Overall winners;

### \*REGISTRATION DEADLINE

PRELIMINAR ENTRY FORM: **JULY 08<sup>th</sup>, 2025**

FINAL ENTRY FORM: **SEPTEMBER 15<sup>th</sup>, 2025**

### CAMERA/VIDEO TAPE EQUIPMENT

Cameras and/or video tape equipment shall be strictly prohibited in the backstage and/or dressing room areas except when used by the IFBB authorized media person and, in any EVENT, these devices shall be strictly prohibited in the dressing room area.

### GREEN CARDS

Green cards are used to limit access to the weigh-in and backstage area during the prejudging & finals. They will be distributed at the judges/team managers meetings as follows:

- Five (5) or more athletes – two (2) green cards.
- Less than (5) athletes – one (1) green card.

### TANNING NEEDS

The IFBB has banned all tans that can be wiped off. An official will check the tan of all athletes backstage and if the tan comes off by simply wiping, the athlete will be told to remove the tan before going on stage.

## CONTACT INFORMATION:

Please send your Entry Form to:  
Expo Sport Fair  
E-mail: [info@expo-sport.com](mailto:info@expo-sport.com)

Please send a copy to IFBB Technical Committee:  
Eng. Andrew Michalak  
E-mail: [amichalak5@gmail.com](mailto:amichalak5@gmail.com)

Please send a copy to IFBB Head Office:  
Ms. Daria  
E-mail: [contact@ifbb.com](mailto:contact@ifbb.com)

Contact details for additional correspondence:  
Turkish Federation President Assistant  
Mr. Ali Dahlameroglu  
E-mail: [ali.dahlameroglu@yahoo.com.tr](mailto:ali.dahlameroglu@yahoo.com.tr)

## JUDGES

To be taken into consideration during selection of judges' panels at the competition, IFBB International Judges must be included in the Final Entry Forms sent by National Federations, according to the IFBB Rules. For more information, please contact Mr. Pawel Filleborn, Chairman of the IFBB Judges Committee, under address: [pawelfilleborn@gmail.com](mailto:pawelfilleborn@gmail.com)

All international judges must bring their International Judge's Cards to the Team Managers & Judges Meeting. IFBB International Judges must have a valid IFBB Judge's Card with the IFBB yearly judges fee of **EUR €50/USD \$60** paid for the current year. This fee may also be paid at the EVENT at the Team Managers & Judges Meeting.



Scan this code to see the rules for attires of Men's Physique and Bikini