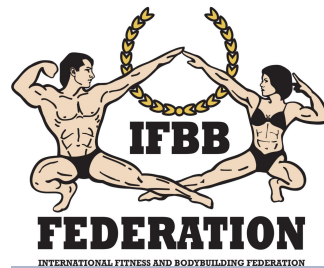


# 2026 IFBB WORLD FITNESS GAMES



## MAIN INFORMATION

NAME OF THE EVENT: **2026 IFBB WORLD FITNESS GAMES**

CITY / COUNTRY: **ISTANBUL / TURKEY**

DATE: **AUGUST 29<sup>th</sup> - 31<sup>st</sup>, 2026**

EVENT OPEN FOR : **All IFBB-AFFILIATED NATIONAL FEDERATIONS WORLDWIDE**

IFBB PRO CARD QUALIFIER **YES X**

IFBB INTERNATIONAL RANKING QUALIFIER **LEVEL 3 YES X**

DAY OF ARRIVAL: **SATURDAY, AUGUST 29<sup>th</sup>, 2026**

DAY OF DEPARTURES: **MONDAY, AUGUST 31<sup>st</sup>, 2026**

REGISTRATION DAY:  
**SATURDAY, AUGUST 29<sup>th</sup>, 2026**

TIME:  
**11:00-19:00**

PLACE:  
**DR. KADIR TOPBAS SHOW AND ART CENTER,  
ISTANBUL**

COMPETITION DAY:  
**SUNDAY, AUGUST 30<sup>th</sup>, 2026**

START TIME:  
**09:00**

PLACE:  
**DR. KADIR TOPBAS SHOW AND ART CENTER  
ISTANBUL**

\*All Athletes must wear their posing attire during weigh-in for inspection. Female competitors must also bring their shoes for inspection. Posing attire and tanning must be in accordance with the IFBB rules. Any tanning which can be wiped off is not allowed.

RECOMMENDED AIRPORT: **ISTANBUL AIRPORT**

**VISA INFORMATION:** To enter Turkey, you may need an e-Visa or a sticker visa, depending on your nationality. You can check your specific country's requirements on the [Republic of Türkiye Ministry of Foreign Affairs](#) portal. If eligible, you can quickly apply online through the [Electronic Visa Application System](#).

\*An Official Letter of Invitation will be made available if required. An athlete, included in an official National Federation team, who request and receive an invitation from the IFBB Head Office or the Organizing Committee of an IFBB sanctioned EVENT for visa purposes, and uses that visa to unlawfully stay in the host country or any other country, will be subjected to the disciplinary proceedings and measures. The relevant National Federation is responsible to carefully control the proper, legal use of the visa by his/her athlete and it will be subjected to a fine and/or a suspension, in case of any misuse and/or unlawful utilization of the same visa.

**VENUE: DR. KADIR TOPBAS SHOW AND ART CENTER ISTANBUL**

Address: **Gösteri ve Sanat Merkezi, Yenikapı Etkinlik Alan, Aksaray, Kennedy Cad. No: 11/1, Fatih/İstanbul**

### HOTEL INFORMATION

RECOMMENDED HOTELS: **NOVA OTEL , IBIS OTEL, WOW ISTANBUL HOTEL**

## REGISTRATION FEE:

Each athlete must pay the IFBB registration fee of **EUR €250**.

Registration fee for athletes to enter this competition must be paid in advance by credit/debit card or PayPal at <http://www.ifbb.com/competition-registration>. Please add your name during online payment and bring a copy of your payment confirmation to the registration. Payments at arrival shall have an extra charge of **EUR €50**.

**CROSSEOVERS: EUR €100** per each of the additional categories.

**DEADLINE FOR ONLINE PAYMENT: TUESDAY, AUGUST 18<sup>th</sup>, 2026, 23:59 CEST**

\*Participating athletes must be recommended by their National Federation by sending the Final Entry Form with their names directly to the Organizing Committee, to the IFBB Technical Committee and IFBB Head Office in Madrid. The final decision to allow an athlete to compete in this EVENT rests with the IFBB.

\*It is also the FULL OBLIGATION AND RESPONSIBILITY of a National Federation to MONITOR ALL THE ATHLETES affiliated to this National Federation who are fulfilling a period of ineligibility due to Anti- Doping Rule Violation or any Disciplinary case, to make sure these athletes WILL NOT REGISTER/COMPETE/OR PARTICIPATE IN ANY CAPACITY in any EVENT either at National or International level, Official or Invitational.

\*All athletes will have to present their Passports and IFBB International Cards at the Registration. Any athlete who has not yet purchased or renewed his/her IFBB International Card will have to buy one at registration. IFBB Cards are **EUR €40/USD \$50** and are mandatory.

\*All posing music must be on an USB drive only. The posing music in the MP3 format must also be the only file on USB. Each competitor must affix his/her name on the USB for easy identification. The use of profane, vulgar, and offensive language is strictly prohibited in the posing music.

## CATEGORIES:

### Men Bodybuilding

Up to & incl. 70 kg

Up to & incl. 80 kg

Up to & incl. 90 kg

Over 90 kg

**OVERALL** (IFBB Pro Cards for the top 3)

### Junior Men Bodybuilding 15-23 yrs - OPEN

### Men Games Classic Bodybuilding\*

Up to & incl. 175 cm

Over 175 cm

**OVERALL**

### Men Classic Bodybuilding\*

Up to & incl. 171 cm

Up to & incl. 175 cm

Up to & incl. 180 cm

Over 180 cm

**OVERALL** (IFBB Pro Cards for the top 3)

### Junior Men Classic Bodybuilding\* 15-23 yrs - OPEN

### Junior Men Classic Physique\* 15-23 years - OPEN

### Men's Physique

Up to & incl. 170 cm

Up to & incl. 173 cm

Up to & incl. 176 cm

Up to & incl. 179 cm

Up to & incl. 182 cm

Over 182 cm

**OVERALL** (IFBB Pro Cards for the top 3)

### Junior Men's Physique

15-20 years: open

21-23 years: open

**OVERALL**

### Men Fit-Model - OPEN

### Fit-Pairs

### Women Acrobatic Fitness - OPEN

### Women Artistic Fitness - OPEN

### Women Bodyfitness

Up to & incl. 163 cm

Over 163 cm

**OVERALL** (IFBB Pro Cards for the top 2)

### Junior Women Bodyfitness 15-23 years - OPEN

### Women Bikini

Up to & incl. 160 cm

Up to & incl. 162 cm

Up to & incl. 164 cm

Up to & incl. 166 cm

Up to & incl. 169 cm

Up to & incl. 172 cm

Over 172 cm

**OVERALL** (IFBB Pro Cards for the top 3)

### Junior Women Bikini

16-20 years: open

21-23 years: open

**OVERALL**

### Women Wellness

Up to & incl. 163 cm

Over 163 cm

**OVERALL** (IFBB Pro Card for the top 2)

### Junior Women Wellness 15-23 years - OPEN

### Women Fit-Model

Up to & incl. 162 cm

Up to & incl. 168 cm

Over 168 cm

**OVERALL**

### Junior Women Fit-Model 15-23 years - OPEN

### Master Women Fit-Model >35 yrs - OPEN

## FITNESS CHALLENGE:

### Individual Categories:

- **GOLD MEN/ WOMEN INDIVIDUAL (SENIOR)**
- **SILVER MEN/WOMEN INDIVIDUAL (SENIOR)**
- **BRONZE MEN / WOMEN (SENIOR)**
- **INDIVIDUAL SPEED FIT\*\* (10 REPS/3 EXERCISES – DEVIL PRESS – PULL UPS – LUNGES)**

### Couple (Paired) Categories:

- **GOLD/SILVER MIXED COUPLES**

## AWARDS

Top three athletes in each category will be awarded with [medals](#) gold, silver & bronze.  
Top six athletes in each category will be awarded with a [Certificate of Excellence](#) and [medals](#).  
Overall winner will have a [trophy](#).

## IFBB PRO CARDS:

### TOTAL: 16 IFBB Pro Cards

### DISTRIBUTION:

WOMEN BIKINI - IFBB Pro Cards for the top 3 Overall winners

WOMEN BODYFITNESS - IFBB Pro Card for the top 2 Overall winners

WOMEN WELLNESS - IFBB Pro Card for the top 2 Overall winners

MEN'S BODYBUILDING - IFBB Pro Cards for the top 3 Overall winners

MEN'S PHYSIQUE - IFBB Pro Cards for the top 3 Overall winners

MEN CLASSIC BODYBUILDING - IFBB Pro Card for the top 3 Overall winners

## \*REGISTRATION DEADLINE

PRELIMINAR ENTRY FORM: **Monday, July 13<sup>th</sup>, 2026**

FINAL ENTRY FORM: **Monday, August 17<sup>th</sup>, 2026, 23:59 CEST**

## CAMERA/VIDEO TAPE EQUIPMENT

Cameras and/or video tape equipment shall be strictly prohibited in the backstage and/or dressing room areas except when used by the IFBB authorized media person and, in any EVENT, these devices shall be strictly prohibited in the dressing room area.

## TANNING NEEDS

The IFBB has banned all tans that can be wiped off. An official will check the tan of all athletes backstage and if the tan comes off by simply wiping, the athlete will be told to remove the tan before going on stage.

## CONTACT INFORMATION:

Please send this Entry Form to:

**Mr. Koray Girgin**

E-mail: [info@tvghbf.gov.tr](mailto:info@tvghbf.gov.tr)

and [koraygirgin@gamil.com](mailto:koraygirgin@gamil.com)

Please send a copy to IFBB Head Office:

Ms. Daria

E-mail: [contact@ifbb.com](mailto:contact@ifbb.com)

Please send a copy to IFBB Technical Committee:

Eng. Andrew Michalak

E-mail: [amichalak5@gmail.com](mailto:amichalak5@gmail.com)

## JUDGES

To be taken into consideration during selection of judges' panels at the competition, IFBB International Judges must be included in the Final Entry Forms sent by National Federations, according to the IFBB Rules. For more information, please contact Mr. Pawel Filleborn, Chairman of the IFBB Judges Committee, under address: [pawelfilleborn@gmail.com](mailto:pawelfilleborn@gmail.com)

All international judges must bring their International Judge's Cards to the Team Mangers & Judges Meeting. IFBB International Judges must have a valid IFBB Judge's Card with the IFBB yearly judges fee of **EUR €50/USD \$60** paid for the current year. This fee may also be paid at the EVENT at the Team Mangers & Judges Meeting.



