IFBB FITNESS, BODYBUILDING & FITNESS CHALLENGE WORLD CHAMPIONSHIPS 2026

29/10/2026 – 02/11/2026 · SANTA SUSANNA, SPAIN

Fitness Challenge — SENIOR Men GOLD STANDARD Level Official Results

Nr Crt	Athlete Name	Country	S1 PULL UPS	S2 KETTLEBELL SQUAT&PULL	S3 DIPS	S4 WALKING LUNGES	S5 TOES TO BAR	S6 DEVIL PRESS	Total	Placement
1	TOMAS PETRIK	Slovakia	49	95	85	74	48	18	**369**	**1**
2	POPA LUCIAN CONSTANTIN	Romania	40	86	64	69	50	22	**331**	**2**
3	PRIIT MEIER	Estonia	45	92	63	62	44	20	**326**	**3**
4	DIEGO ANTONIO SAYAVERDI GUTIERREZ	Peru	42	71	70	50	37	20	**290**	**4**
5	GKOULIAKOS PANTELIS	Greece	58	63	64	60	29	14	**288**	**5**
6	HENRY LEHTSAAR	Estonia	33	95	48	59	32	17	**284**	**6**
7	BUIR LKHAGVASUREN	Mongolia	39	61	57	59	24	16	**256**	**7**
8	ZUMA NHLAKANIPHO NHLALWENHLE	South Africa	35	72	42	45	25	15	**234**	**8**
9	GEORGE RENARDO ISHMAEL	South Africa	24	66	48	45	24	17	**224**	**9**
10	MADLALISA KITSO ULWAZO	South Africa	42	53	39	51	26	13	**224**	**10**
11	DI MILO ANGELO	Germany	28	63	39	44	25	14	**213**	**11**

IFBB FITNESS, BODYBUILDING & FITNESS CHALLENGE WORLD CHAMPIONSHIPS 2026

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Fitness Challenge — SENIOR Men SILVER LEVEL Official Results

Nr Crt	Athlete Name	Country	S1 LYING PULL UPS	S2 HEXA LIFT	S3 DIPS ON BENCH	S4 DUMBELL LUNGES	S5 SIT UPS	S6 DUMBELL SNATCH	Total	Placement
1	APETREI ANDREI IONUT	Romania	66	85	84	70	79	75	**459**	**1**
2	RITZALIS KONSTANTINOS	Greece	67	86	89	69	68	68	**447**	**2**
3	DENNIS ERNESTO FLORES BENITEZ	El Salvador	51	82	74	62	62	67	**398**	**3**
4	MADARAS LAJOS LEVENTE	Romania	55	75	69	61	71	65	**396**	**4**
5	JESUS JOSUE TIPIAN URIBE	Peru	48	78	73	68	52	69	**388**	**5**
6	DOBRE SILVIU ADRIAN	Romania	52	74	67	50	61	70	**374**	**6**
7	BAT-ERDENE OKHINBAATAR	Mongolia	62	60	74	67	50	57	**370**	**7**
8	MAL POROSHTICA	Kosovo	46	45	60	54	55	60	**320**	**8**
9	LEKOMA PETER KEALEBOGA	South Africa	36	58	70	35	41	66	**306**	**9**
10	NDEBELE NDUDUZO NGCEBO	South Africa	38	70	56	56	44	41	**305**	**10**
11	LUIS ALBERTO PEREZ MARISCAL	Mexico	36	53	47	37	41	43	**257**	**11**

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Fitness Challenge — SENIOR Men BRONZE LEVEL Official Results

Nr Crt	Athlete Name	Country	S1 CHIN UPS	S2 KETTLEBELL SQUAT	S3 PUSH UPS	S4 BACKWARD LUNGES	S5 SIT UPS	S6 KETTLEBELL SWING	Total	Placement
1	NICOARA MARIUS	Romania	76	134	73	61	85	68	**497**	**1**
2	MARIO KALLAS	Estonia	57	132	75	81	74	76	**495**	**2**
3	RENE LAANE	Estonia	67	152	59	82	68	58	**486**	**3**
4	ALEXANDER MAROVIC	Montenegro	35	98	75	61	70	62	**401**	**4**
5	BRYAN IRVIN FIDEL POMA CARBAJAL	Peru	47	77	59	71	67	62	**383**	**5**
6	METSTAK JAANUS	Estonia	38	115	32	63	63	63	**374**	**6**
7	BLES CHRISTOS	Greece	52	89	61	53	46	36	**337**	**7**
8	MATSIKOPOULOS VASILEIOS	Greece	35	78	52	56	71	44	**336**	**8**
9	JUAN VAN DER WALT	South Africa	27	100	29	45	45	45	**291**	**9**
10	COMAN GRIGORE	Romania	34	76	52	45	37	44	**288**	**10**

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Fitness Challenge — SENIOR Men BRONZE LEVEL DISABILITIES Official Results

Nr Crt	Athlete Name	Country	S1 CHIN UPS	S2 KETTLEBELL SQUAT	S3 PUSH UPS	S4 BACKWARD LUNGES	S5 SIT UPS	S6 KETTLEBELL SWING	Total	Placement
1	ZOTICA ONDIN ALEXANDRU	Romania	40	33	50	30	53	37	**243**	**1**

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Fitness Challenge — SENIOR Women GOLD STANDARD Level Official Results

Nr Crt	Athlete Name	Country	S1 PULL UPS	S2 KETTLEBELL SQUAT&PULL	S3 DIPS	S4 WALKING LUNGES	S5 TOES TO BAR	S6 DEVIL PRESS	Total	Placement
1	PERȘA ALISIA DANIA	Romania	42	71	53	59	39	19	**283**	**1**
2	ELENA MASARYKOVA	Slovakia	43	83	49	60	30	18	**283**	**2**
3	LINDIWE ISABEL MCHUNU	South Africa	27	82	26	63	28	13	**239**	**3**

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Fitness Challenge — SENIOR Women SILVER LEVEL Official Results

Nr Crt	Athlete Name	Country	S1 LYING PULL UPS	S2 HEXA LIFT	S3 DIPS ON BENCH	S4 DUMBELL LUNGES	S5 SIT UPS	S6 DUMBELL SNATCH	Total	Placement
1	STEFAN CAMELIA LACRAMIOARA	Romania	52	83	73	73	59	69	**409**	**1**
2	ILIADOU ANDRONIKI	Greece	60	67	90	67	48	67	**399**	**2**
3	MIRANDA AYLEEN YURESCA	Guatemala	31	84	69	72	61	79	**396**	**3**
4	LYZETH GIANELLA ATENCIO ECHEVARRIA	Peru	28	75	72	65	58	66	**364**	**4**
5	TSITSIKLI EVANGELIA CHRISTINA	Greece	64	69	53	60	47	50	**343**	**5**
6	MAKHOTLA MALEBOGO NALEDI	South Africa	13	64	60	49	21	70	**277**	**6**
7	PITORO REAOLEBOGA LOCARDIA	South Africa	1	69	50	46	37	69	**272**	**7**

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Fitness Challenge — SENIOR Women BRONZE LEVEL Official Results

Nr Crt	Athlete Name	Country	S1 CHIN UPS	S2 KETTLEBELL SQUAT	S3 PUSH UPS	S4 BACKWARD LUNGES	S5 SIT UPS	S6 KETTLEBELL SWING	Total	Placement
1	CAROLIN VAIKSALU	Estonia	58	146	53	85	83	73	**498**	**1**
2	MOLDOVAN CAMELIA ANCUTA	Romania	52	132	48	71	59	67	**429**	**2**
3	DRAGICEVIC MARIA	IFBB Flag	52	110	60	68	58	64	**412**	**3**
4	KANIZSAY MAGDOLNA LILLA	Romania	45	87	40	57	74	63	**366**	**4**
5	PAGAMDULAM BAT-ERDENE	Mongolia	44	116	53	67	18	58	**356**	**5**
6	NIKOLINA MAROVIC	Montenegro	10	97	31	59	64	61	**322**	**6**

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29/10/2026 – 02/11/2026 · SANTA SUSANNA, SPAIN

Fitness Challenge — SENIOR Men Couple GOLD STANDARD Level Official Results

Nr Crt	Couple	Country	S1 PULL UPS	S2 KETTLEBELL SQUAT&PULL	S3 DIPS	S4 WALKING LUNGES	S5 TOES TO BAR	S6 DEVIL PRESS	Total	Placement
1	APETREI ANDREI IONUT / POPA LUCIAN CONSTANTIN	Romania	76	100	102	90	86	33	**487**	**1**
2	RITZALIS KONSTANTINOS / GKOULIAKOS PANTELIS	Greece	89	90	112	76	79	32	**478**	**2**
3	HENRY LEHTSAAR / PRIIT MEIER	Estonia	69	97	106	81	78	25	**456**	**3**
4	BUIR LKHAGVASUREN / KHURELBAATAR NERGUI	Mongolia	75	99	83	68	60	21	**406**	**4**
5	MASANGANE BOYBOY MICHAEL / ZUMA NHLAKANIPHO NHLALWENHLE	South Africa	66	86	86	57	56	24	**375**	**5**
6	ILIE ADRIAN / ZAMFIR MARIUS IOAN	Romania	53	86	85	63	49	23	**359**	**6**
7	PIROS BOGDAN / DOBRE SILVIU ADRIAN	Romania	56	78	81	55	47	26	**343**	**7**

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Fitness Challenge — SENIOR Women Couple SILVER LEVEL Official Results

Nr Crt	Couple	Country	S1 LYING PULL UPS	S2 HEXA LIFT	S3 DIPS ON BENCH	S4 DUMBELL LUNGES	S5 SIT UPS	S6 DUMBELL SNATCH	Total	Placement
1	PERȘA ALISIA DANIA / STEFAN CAMELIA LACRAMIOARA	Romania	71	99	161	82	87	85	**585**	**1**
2	ILIADOU ANDRONIKI / TSITSIKLI EVANGELIA CHRISTINA	Greece	88	105	123	78	80	86	**560**	**2**
3	PARVU ANA MARIA / MOLDOVAN CAMELIA ANCUTA	Romania	55	103	123	74	90	78	**523**	**3**

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Fitness Challenge — SENIOR Mixed Couple GOLD STANDARD Level Official Results

Nr Crt	Couple	Country	S1 PULL UPS	S2 KETTLEBELL SQUAT&PULL	S3 DIPS	S4 WALKING LUNGES	S5 TOES TO BAR	S6 DEVIL PRESS	Total	Placement
1	ELENA MASARYKOVA / TOMAS PETRIK	Slovakia	78	95	139	103	79	37	**531**	**1**
2	PERȘA ALISIA DANIA / POPA LUCIAN CONSTANTIN	Romania	70	94	126	92	89	37	**508**	**2**
3	MASANGANE BOYBOY MICHAEL / LINDIWE ISABEL MCHUNU	South Africa	60	96	77	75	55	27	**390**	**3**
4	KANIZSAY MAGDOLNA LILLA / NICOARA MARIUS	Romania	48	73	82	68	54	29	**354**	**4**

IFBB FITNESS, BODYBUILDING & FITNESS CHALLENGE WORLD CHAMPIONSHIPS 2026

29/10/2026 – 02/11/2026 · SANTA SUSANNA, SPAIN

Fitness Challenge — SENIOR Mixed Couple SILVER LEVEL Official Results

Nr Crt	Couple	Country	S1 LYING PULL UPS	S2 HEXA LIFT	S3 DIPS ON BENCH	S4 DUMBELL LUNGES	S5 SIT UPS	S6 DUMBELL SNATCH	Total	Placement
1	APETREI ANDREI IONUT / STEFAN CAMELIA LACRAMIOARA	Romania	85	123	139	97	101	95	**640**	**1**
2	RENE LAANE / CAROLIN VAIKSALU	Estonia	83	117	114	105	99	99	**617**	**2**
3	TSITSIKLI EVANGELIA CHRISTINA / GKOULIAKOS PANTELIS	Greece	97	115	136	93	82	93	**616**	**3**
4	MARIO KALLAS / SIRET TARA	Estonia	74	124	143	94	87	91	**613**	**4**
5	MOLDOVAN CAMELIA ANCUTA / MADARAS LAJOS LEVENTE	Romania	70	112	128	90	105	89	**594**	**5**
6	ZOLJARGAL NARANGEREL / BAT-ERDENE OKHINBAATAR	Mongolia	81	103	124	82	89	88	**567**	**6**
7	LINDIWE ISABEL MCHUNU / NDEBELE NDUDUZO NGCEBO	South Africa	78	123	120	84	74	87	**566**	**7**
8	VOYO LEONARD GOLIATH / PITORO REAOLEBOGA LOCARDIA	South Africa	67	107	121	93	79	85	**552**	**8**
9	AVNI SADRIJU / VJOSANA SADRIJU	Montenegro	65	96	127	86	78	88	**540**	**9**
10	HURJUI GABRIEL / KANIZSAY MAGDOLNA LILLA	Romania	67	90	121	75	92	81	**526**	**10**
11	PARVU ANA MARIA / DOBRE SILVIU ADRIAN	Romania	53	92	113	79	97	89	**523**	**11**
12	MADLALISA KITSO ULWAZO / MAKHOTLA MALEBOGO NALEDI	South Africa	54	101	100	96	80	83	**514**	**12**
13	FEDIR KHASHALOV / ROKSOLANA VOROTNIAK	Ukraine	80	100	108	85	65	69	**507**	**13**

Nr Crt	Couple	Country	S1 LYING PULL UPS	S2 HEXA LIFT	S3 DIPS ON BENCH	S4 DUMBELL LUNGES	S5 SIT UPS	S6 DUMBELL SNATCH	Total	Placement
14	MONGALE MAVIS AKANYANG / LEKOMA PETER KEALEBOGA	South Africa	46	99	115	86	72	80	**498**	**14**
15	ALEXANDER MAROVIC / NIKOLINA MAROVIC	Montenegro	40	102	118	69	73	77	**479**	**15**

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Fitness Challenge — MASTER Men 40+ SILVER LEVEL Official Results

Nr Crt	Athlete Name	Country	S1 LYING PULL UPS	S2 HEXA LIFT	S3 DIPS ON BENCH	S4 DUMBELL LUNGES	S5 SIT UPS	S6 DUMBELL SNATCH	Total	Placement
1	AVNI SADRIJU	Montenegro	65	60	87	48	67	78	**405**	**1**
2	TAUNO LAASME	Estonia	50	77	78	49	49	58	**361**	**2**
3	HURJUI GABRIEL	Romania	63	54	73	45	51	61	**347**	**3**
4	PIROS BOGDAN	Romania	47	70	69	54	50	57	**347**	**4**
5	ZAMFIR MARIUS IOAN	Romania	45	83	48	50	54	62	**342**	**5**
6	VOYO LEONARD GOLIATH	South Africa	52	68	61	50	55	51	**337**	**6**
7	MASANGANE BOYBOY MICHAEL	South Africa	61	57	67	47	51	53	**336**	**7**
8	NICOLAS MIKHAIL	Lebanon	50	73	53	46	52	57	**331**	**8**
9	PETROVIC SLAVEN	IFBB Flag	39	45	75	37	40	46	**282**	**9**
10	KHURELBAATAR NERGUI	Mongolia	32	50	51	44	38	44	**259**	**10**
11	SRDJAN BRANKOVIC	Montenegro	27	47	57	41	39	45	**256**	**11**

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Fitness Challenge — MASTER Women 35+ SILVER LEVEL Official Results

Nr Crt	Athlete Name	Country	S1 LYING PULL UPS	S2 HEXA LIFT	S3 DIPS ON BENCH	S4 DUMBELL LUNGES	S5 SIT UPS	S6 DUMBELL SNATCH	Total	Placement
1	SIRET TARA	Estonia	43	93	77	69	54	74	**410**	**1**
2	ZOLJARGAL NARANGEREL	Mongolia	32	77	49	57	60	65	**340**	**2**
3	PARVU ANA MARIA	Romania	34	70	51	63	59	54	**331**	**3**
4	VJOSANA SADRIJU	Montenegro	25	66	41	54	49	68	**303**	**4**
5	MONGALE MAVIS AKANYANG	South Africa	9	74	34	42	32	54	**245**	**5**

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FITNESS CHALLENGE - SENIOR Men SPEED FIT Level Official Results

Nr Crt	Athlete Name	Country	Time	Placement
1	TOMAS PETRIK	Slovakia	**1:01.34**	**1**
2	PRIIT MEIER	Estonia	**1:04.98**	**2**
3	POPA LUCIAN CONSTANTIN	Romania	**1:05.34**	**3**
4	GKOULIAKOS PANTELIS	Greece	**1:05.68**	**4**
5	FEDIR KHASHALOV	Ukraine	**1:06.41**	**5**
6	APETREI ANDREI IONUT	Romania	**1:09.85**	**6**
7	DIEGO ANTONIO SAYAVERDI GUTIERREZ	Peru	**1:10.54**	**7**
8	BUIR LKHAGVASUREN	Mongolia	**1:13.48**	**8**
9	RITZALIS KONSTANTINOS	Greece	**1:15.08**	**9**
10	RENE LAANE	Estonia	**1:16.16**	**10**
11	BAT-ERDENE OKHINBAATAR	Mongolia	**1:20.87**	**11**
12	MASANGANE BOYBOY MICHAEL	South Africa	**1:22.00**	**12**
13	GEORGE RENARDO ISHMAEL	South Africa	**1:40.74**	**13**

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FITNESS CHALLENGE - SENIOR Women SPEED FIT Level Official Results

Nr Crt	Athlete Name	Country	Time	Placement
1	PERȘA ALISIA DANIA	Romania	**1:07.98**	**1**
2	STEFAN CAMELIA LACRAMIOARA	Romania	**1:24.96**	**2**
3	LINDIWE ISABEL MCHUNU	South Africa	**1:25.44**	**3**
4	MAKHOTLA MALEBOGO NALEDI	South Africa	**2:03.69**	**4**
5	MIRANDA AYLEEN YURESCA	Guatemala	**2:36.45**	**5**
6	KANIZSAY MAGDOLNA LILLA	Romania	**2:48.56**	**6**

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FITNESS CHALLENGE - SENIOR Mixed Team SPEEDFIT Level Official Results

Nr Crt	Team	Country	Time	Placement
1	TAUNO LAASME / HENRY LEHTSAAR / PRIIT MEIER / CAROLIN VAIKSALU	Estonia	**4:51.58**	**1**
2	PERȘA ALISIA DANIA / APETREI ANDREI IONUȚ / STEFAN CAMELIA LACRAMIOARA / POPA LUCIAN CONSTANTIN	Romania	**5:03.13**	**2**
3	BLES CHRISTOS / TSITSIKLI EVANGELIA CHRISTINA / RITZALIS KONSTANTINOS / GKOULIAKOS PANTELIS	Greece	**6:18.24**	**3**
4	BUIR LKHAGVASUREN / ZOLJARGAL NARANGEREL / KHURELBAATAR NERGUI / BAT-ERDENE OKHINBAATAR	Mongolia	**6:43.81**	**4**
5	MASANGANE BOYBOY MICHAEL / LINDIWE ISABEL MCHUNU / GEORGE RENARDO ISHMAEL / JUAN VAN DER WALT	South Africa	**8:39.57**	**5**
6	VOYO LEONARD GOLIATH / MADLALISA KITSO ULWAZO / ZAMILE NDLULE / NDEBELE NDUDUZO NGCEBO	South Africa	**8:57.35**	**6**